



Södertälje municipality – a living lab for sustainable food systems

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Background

2001: Political decision in Södertälje to use food purchase as a tool for environmental work

2006-2010: Södertälje's municipal diet policy is formed

2010-13: Implementation of Diet for a Green Planet

2015 MatLust/Södertälje Science Park



Diet for a Green planet - Five core criteria

1. Tasty and healthy
2. Organic, preferably from Ecological Regenerative Agriculture
3. Less animal products, more vegetables, legumes and whole grains
4. Locally produced in season
5. Reduced waste



Swedish whole grain cereals instead of rice

- Reduces climate impact with 1/6
- Better nutrient content and satisfaction
- Locally produced
- Lower purchasing cost
- Neutral taste
- 10 time increase in purchase of Swedish whole grain in Södertälje since 2016
- 1/3 decrease in purchase of rice during the same period



Swedish peas instead of imported chick peas

- In Sweden we have grown and eaten peas since the stone age
- The Swedish Nutritional Agency recommends increased consumption of legumes
- Very functional – can be used in everything from hummus to falafel
- Many Swedish legumes available on the market – e.g. yellow peas, grey peas and different lentils





BILD: JORDAN LANE



BILD: EKOODLARN I TELGE



BILD: JORDAN LANE



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EKOODLARN I TELGE är ett Socialt Företag där grönsaker odlas ekologiskt.

Grundidén med Ekoodlarna i Telge är att odla ekologiskt på mark som annars inte utnyttjas och arbetskraften ska bestå av människor som har svårt att komma in på arbetsmarknaden.

Besöka EKOODLARN - Gärtunavägen 9, Södertälje



BILD: UNDER TALLARNA

ett odlingskooperativ
al mark.

hållbart sätt.



UNDER TALLARNA är ett odlingskooperativ som arrenderar kommunal mark.

Här produceras livsmedel på ett hållbart sätt.

Läs mer: undertallarna.se

Activities in the municipality

– in cooperation for a local sustainable food system

2011-14 LEADER project:
Södertälje locally grown

2014-15 URBACT project: **Diet for a Green Planet – best practice transfer**

2015-21 European Regional Development Fund project: **MatLust**

2016-18 **Municipal farming strategy**
& URBACT project **Agri-Urban**

2018-20 **Municipal Food supply strategy**





MatLust - Development node for sustainable foodproduction/consumtion

MatLust

- Sustainable, profitable and growing food enterprisers
- Södertälje as a regional development node for sustainable food at Södertälje Science Park



About 180 SME has participated in Matlusts programmes and network since 2015





MatLust

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