

Our weekly 2000m² menu

contact:

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2000m² menu

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dessert

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calculation basis – arable land and people to feed

1.400ha : 0.2ha



	arable land hectares	hectares per person	people to feed
Juchowo	1.400	0.2	7.000
your farm	10	0.2	50
Poland	11.600.000	0.2	58.000.000

calculate your diet – vegetables

250.000kg : 7.000p.

35kg : 52 weeks



The diagram consists of two curved arrows. The first arrow starts under the text '250.000kg : 7.000p.' and points to the 'annual production/kg' column of the table. The second arrow starts under the text '35kg : 52 weeks' and points to the 'product p.p./annum kg' column of the table.

product	annual production/kg	people to feed	product p.p./annum kg	product p.p./week g
red beet	250.000	7.000	35	670g
carrot	155.000	7.000	22	420g
cabbage	3.900	7.000	0.55	10g
potatoe	9.500	7.000	1.35	26g
...				
other vegetables	27.000	7.000	3.8	73g

calculate your diet – milk

x 0.66



product	total annual production/l	production based on arable land/l	people to feed	product p.p./ annum l	product p.p./ week l
milk	1.800.000	1.180.000	7.000	169	3,2

total grassland 950ha	
grass in crop rotation 650ha	permanent grassland 340ha

share of grassland in crop rotation in total grassland:

650ha : 990ha*100 = 66% (multiply respective numers by 0.66)

our weekly Juchowo-diet



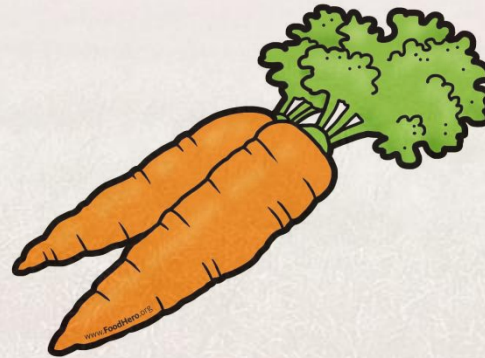
4,3 breads à 500 g



3,2 liters of milk
→ 650 g cottage cheese
→ 215 g hard cheese



685 g red beet
422 g carrot
26 g potatoe



0,6 eggs



18 g meat

our weekly Juchowo-diet



0,013 ml rape seed oil

3,3 ml honey

less than 100g

our weekly Juchowo-diet



4,3 breads à 500 g



2 liters of milk
→ 650 g cottage cheese
→ 215 g hard cheese



685 g red beet
422 g carrot
26 g potatoe



0,6 eggs



18 g meat